

# Serge Charles Kaska, MD

## Board Certified, ABOS

277 Rancheros Road, Suite 101  
San Marcos, CA 92069 11/2012-Present  
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488 East Valley Parkway, Suite 404 04/2012-10/2012  
Escondido, CA 92025

488 East Valley Parkway, Suite 214 11/2006-03/2012  
Escondido, CA 92025

7810 Frost Street, Suite 200 06/2006-11/2006  
San Diego, CA 92123

### **Medical Education**

Ilizarov Fellowship 06/02/2006-06/24/2006  
Orthopaedic Department and Ilizarov Unit  
Lecco General Hospital  
<http://www.asami.org>

Problem Fracture and Limb Deformity Fellowship 08/15/2005-06/01/2006  
California Pacific Medical Center

Orthopaedic Specialty Institute 08/02/2004-08/02/2005  
Sports Medicine/Arthroscopy Fellowship  
Orthopaedic Specialty Institute

Orthopaedic Surgery Residency 07/01/2000-06/30/2004  
University of California, Irvine

Surgical Internship 07/01/1999-06/30/2000  
University of California, Irvine

Dartmouth Medical School 08/1995-06/1999  
Hanover, NH

### **Undergraduate Education**

California Polytechnic State University 09/1991-06/1995  
Bachelor of Science, Biochemistry,  
Magna Cum Laude

Colorado State University, 01/1991-05/1991  
Fort Collins, CO

Santa Barbara City College  
Santa Barbara, California

09/1989-12/1990

### **Licensures**

Physician and Surgeon  
The Medical Board of California

12/28/2000-11/30/2012

Radiography and Fluoroscopy  
Supervisor and Operator  
California Department of Health Services

06/30/2012-06/30/2014 X-ray

### **Publications**

Serge C. Kaska, James Weinstein, D.O., M.S. Ernest Amory Codman 1869-1940: A Pioneer of Evidence-Based Medicine: The End Result Idea. *Spine* Mar. 1998, (23) 629-633.

Caiozzo, Vincent J. FACSM; Richmond, Heather; Kaska, Serge; Adams, Greg; Baldwin, Ken FACSM. Mechanical Behavior of Skeletal Muscle during Stretch: Effects of Muscle Unloading and MHC Isoform Shifts. *Medicine & Science in Sports & Exercise: Volume 36(5) Supplement* May 2004 p S89.

Vincent J. Caiozzo, Heather Richmond, Serge Kaska, and Dahlia Valeroso. The mechanical behavior of activated skeletal muscle during stretch: effects of muscle unloading and MyHC isoform shifts  
*J Appl Physiol.* 2007; 103: 1150-1160

Scott P. Fischer, Serge Kaska, Adhesive Capsulitis. *Practical Orthopaedic Sports Medicine & Arthroscopy*; 2007 Chapter 18:273-283.

### **Honors/Awards**

Mosenthal Surgical Society	1999
Herbert and Gertrude Latkin Trust Scholarship	1999
Monarch Health System Concours Scholarship	1998
George Halling, MD Honorary Scholarship	1997
Athletic Scholarship	1992-1994
Academic All-American	1991
Wilson Scholar Athlete Award	1991
Ian Brown Memorial Scholarship	1990

### **Professional Associations**

American Academy of Orthopedic Surgeons  
American Medical Association  
Arthroscopy Association of North America  
Limb Lengthening and Reconstruction Society  
California Medical Association  
Orthopaedic Trauma Association  
Western Orthopaedic Association

## **Hospital Affiliations**

Main Street Surgery Center Active Staff	08/2004-Present
Palomar Medical Center Active Staff	09/2006-Present
Pomerado Hospital Active Staff	09/2006-Present
Sharp Memorial Hospital Active Staff	09/2006-Present
Poway Surgery Center Active Staff	11/2007-Present
Tri-City Medical Center Active Staff	04/2008-Present
Carlsbad Surgery Center Active Staff	11/2008-Present
Sharp Grossmont Hospital Provisional Staff	07/2009-Present
Rady Children's Hospital Provisional Staff	03/2011-Present
Scripps Memorial Encinitas Provisional Staff	03/2011-Present